

Looking for an Exchange Berlin-Capetown



Hello everyone,

my name is **Luiza**, I am 16 years old and I was born on January 5th. I attend a Waldorf school in **Berlin, Germany** and I am currently in 10th grade.

I come from Berlin and live quite centrally with my mother, my brother (15), my little sister (7) and my stepfather. I would describe my family as open-minded, loving, warm and welcoming.

My favourite subjects are Art and Spanish, and I also enjoy Sports. Mathematics, Physics and Chemistry are not really my favourite subjects.

I speak German (obvious, hehe) and I am learning English and Spanish at school. I also speak Brazilian Portuguese with my father. I do not have any allergies.

In my free time, I love spending time with my friends. I enjoy going on little “side quests” and having spontaneous adventures, but I also appreciate relaxing days at home. When the weather is warm, I like going to lakes or swimming pools. With my friends, I often go to events, parks or out for food.

At the moment I do not play a sport regularly, but I have played volleyball before and have tried many different sports. I also enjoy playing the guitar as a hobby and occasionally play the piano. I would describe myself as a versatile person. At first I can be a little shy, but once I feel comfortable, I love laughing with people and making them laugh as well. I enjoy spending time with others and creating a positive atmosphere where people feel comfortable and safe around me. I am helpful and caring, but I also enjoy quiet moments and relaxing evenings.



Music is very important to me and I enjoy listening to artists such as YNW, Bad Bunny, Chase Atlantic, Montell Fish, Lil Peep, The Neighbourhood, Billie Eilish and XXXTentacion. Some of my favourite shows are H2O, 13 Reasons Why and Elite, and I also enjoy watching Spider-Man movies. Reading is not really one of my hobbies. When it comes to food, I am not picky, but I do not like beetroot, zucchini or soup.

I would love to do an exchange in Cape Town because I want to improve my English, experience a new culture and gain new experiences. I am especially excited about making new friends and becoming part of my host family's everyday life. I hope for a kind and welcoming family and lots of fun and unforgettable memories together.

Since my parents are separated, I am used to spending time in different family environments and adapting to new situations. I have also already participated in a one-week exchange program in Spain. I enjoy sleeping in, but I can easily adapt to new routines. I like both quiet evenings at home and exciting activities outside, and I am looking forward to all the new experiences ahead of me.

I would like to propose an exchange for early January 2027. I would come to Cape Town and stay for about three months. In return, you would visit Berlin in spring—around March or April—and stay until early July, which coincides with the start of our summer holidays.

When you arrive in Berlin, my brother will have moved to our father's house, so you'll have a spacious room and plenty of privacy.

If you're interested in the exchange or have any questions, please don't hesitate to reach out! Looking forward to hearing from you.

Kind regards, Luiza

Please contact (my mother): sarahmischke@perolafilmes.de