



Welcome to Your Short Course

Holistic Education and the threefold Human Being

Dear Teachers, Educators and interested Participants,

Welcome to Holistic Education and the Threefold Human Being, a SACE-accredited short course presented by the Centre for Creative Education (CCE). We are delighted that you are joining us to explore practical, creative ways of bringing more vitality, purpose and imagination into your teaching.

This letter outlines the course objectives, expected outcomes, target audience, and structure, so that you know exactly what to expect and can prepare accordingly.

Course Objectives

The course aims to transform traditional “talk-and-chalk” instructional methods into a creative, practice- and enquiry-based learning experience that addresses the whole child — body, soul and spirit. By grounding educators in the threefold nature of the human being, the course provides tools to balance:

- Intellectual rigour (thinking)
- Emotional engagement (feeling)
- Intentional action (will)

Participants will learn how to use storytelling, movement and art to maintain classroom vitality and prevent learner “tiredness”, replacing passive instruction with active, whole-child learning experiences.

Who Should Attend

This course is designed for:

- Foundation, Intermediate and Senior Phase educators
- Early Childhood Development (ECD) practitioners
- Learning support specialists and educational therapists
- Parents and any interested Friends and/or colleagues



Course Structure and Duration

The course is delivered face-to-face over three consecutive days and is structured around three core modules, guided by an experiential learning cycle of imaginative cognition, inspired feeling, and intuitive will:

Session 1 — Body – The Threefold Human Being (overview) & Threefoldness of the Physical Body — head – nerve-sense system; trunk – circulatory-rhythmic system; limbs – metabolic-limb system.

Session 2 — Soul I – The Threefoldness of the Soul — Thinking (three levels: material, abstract, imaginative) and Feeling (sympathy/antipathy, emotions, highest feelings).

Session 3 — Soul II – The Threefoldness of the Soul — Will (in body, soul and spirit); the Unity of Thinking, Feeling and Will; conscious/semi-conscious/unconscious levels; the soul as link between body and spirit.

Session 4 — Spirit – The Threefoldness of the Spirit —Imagination, Inspiration and Intuition; the "I"; the integration of body, soul and spirit; the three worlds.

Schedule and Duration

- **Friday, 11 September — 13:00 to 17:00**, including breaks for refreshments
- **Saturday, 12 September — 08:30 to 17:30**, including lunch break and refreshments
- **Sunday, 13 September — 09:00 to 13:00**, including breaks for refreshments

Practical Details

- **Mode:** Face-to-face
- **Venue:** Centre for Creative Education, Plumstead
- **SACE CPTD points:** 15
- **Facilitators:** Joan Sleight, Sebastian Mieke, Gareth Davies
- **Course fee:** R1,200 per person
- **Enquiries:** zethu@centreforcreativeeducation.org.za



Centre for
Creative
Education

Holistic Education and the Three-Fold Human Being



VERY IMPORTANT - Please note that the closing date for registration for this weekend course is Friday 21 August 2026

We Look Forward to Welcoming You

Once you have registered and paid for the course, you will receive an information pack including a detailed programme, learner handbook with material to be covered, and a study guide outlining attendance and assessment criteria.

Please arrive a few minutes early on Friday for registration, and bring a notebook and any materials specified in your registration confirmation. Should you have any questions before the course begins, please do not hesitate to contact Zethu Xapa at the email address above.

We look forward to a rich and inspiring three days together.

Warm regards,

A handwritten signature in black ink that reads 'Joan Sleigh'.

Joan Sleigh
The Centre for Creative Education Team
SACE Approved Provider (NG000001005)